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Vibe Check: The Truth Behind the Screen

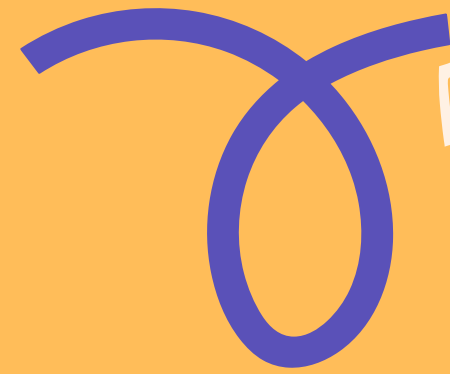
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Happy

ERASMUS+ YOUTH EXCHANGE LA PADURE, BREBU, CARAS-SEVERIN, *

ROMANIA 21.02.2026– 28.02.2026

2025-1-RO01-KA151-YOU-000297636

Do you get involved in the life of the community you belong to?



Are you available, creative and willing to learn?



Do you have the motivation to get involved in the project?



Join us on a unique learning journey, where you will learn more about combating online bullying, the culture of the participating countries and have the opportunity to develop your skills alongside representatives of many NGOs from Europe.



SUMMARY



After more than 20 years of free internet access, the phenomenon of online harassment is becoming more aggressive and present in the current socio-political context, especially in Eastern European countries.

The purpose of this project is to combat online bullying among high school students by raising awareness of the phenomenon of online harassment and hate speech using film and photography.

The project is based on knowledge of general human rights, involving young people and increasing their digital literacy to reduce the phenomenon of online bullying, racism, discrimination, and social exclusion in their online interactions.

For this, we will use the non-formal education methods (awareness campaigns, exercises of creative and critical thinking etc.) and qualitative social methods (i.e. media recordings, testimonies, social observations) and analyses of the content of a speech or message using movies

OBJECTIVE

2

Raise awareness of online harassment among participants.

3

Increase participants' knowledge of online safety.

4

Develop participants' knowledge of photography and filmmaking for educational purposes.

1

Develop participants' tolerance and understanding to combat discrimination and online harassment.



A FEW WORDS ABOUT THE MOBILITY

Vibe Check

THE TRUTH BEHIND THE SCREEN



is a youth exchange bringing together 43 participants (6 participants + 1 leader for each country and 1 facilitator).

During eight working days, daily activities based on non-formal education will be organized, such as: debates, simulation games, play activities, field roles, team building, intercultural nights, cultural activities and reflections.

WHEN & WHERE:

MOBILITY: FEBRUARY 21 – FEBRUARY 28, 2026

TRAVEL DAYS: FEBRUARY 20 AND MARCH 1, 2026

LOCATION: LA PADURE, BREBU, CARAS-SEVERIN, ROMANIA



WHOM:



PARTICIPANTS WITH FEWER OPPORTUNITIES – YOUNG PEOPLE AGED BETWEEN 16 AND 25, DISADVANTAGED, ROMA AND NON-ROMA, LIVE IN RURAL AREAS OR MARGINAL URBAN NEIGHBORHOODS

ACCOMMODATION



- The participants will be accommodated in La Padure Guest House in Brebu village near Resita, in rooms with 3 – 6 beds and with own bathroom.
- The rooms will be shared interculturally mixed, but separated by gender. The hostel has internet, video projector, conference room, dining room with its own restaurant and a big green yard to enjoy the free time. It is located near the main road but surrounded by forest. It is very pleasant rustic place.
- You should bring your own hygienic products and flip flops/house shoes.

HOW TO GET HERE



- The nearest airport is Timisoara from where we will pick you up and bring you to the venue (around 110 km). Minimum 2 transfers depending on your arrival hours.
- If you travel by train the final stop could be: Timisoara Nord, Reșita Nord or Caransebes.
- Whatever option you want to choose, please contact your sending organization before booking the tickets. We can offer assistance in booking the best plan option. There fore please contact us when you plan your trip.

FINANCIAL ARRANGEMENTS

DISTANCE



10 – 99km
100 – 499 km
500 – 1999 km
2000 – 2999 km
3000 – 3999 km
4000 – 7999 km
8000 km – or more



ECOLOGICAL TRANSPORT

56 eur
285 eur
417 eur
535 eur
785 eur
1188 eur
1735 eur

NON-ECOLOGICAL TRANSPORT

28 eur
211 eur
309 eur
395 eur
580 eur
1188 eur
1735 eur

Travel cost will be reimbursed based ON THE DISTANCE BAND AND TYPE OF TRAVEL: GREEN / STANDARD - ACCORDING TO ERASMUS+ RULE



TRANSPORTATION



AccommodaTION, FOOD AND MATERIALS DURING ACTIVITY DAYS ARE FULLY COVERED BY ERASMUS+ PROGRAMME.



- This is youth exchange and the participation in all the sessions of each day are mandatory.
- Each group will have to present the country during the intercultural evening, therefore please bring with you specific products and promotional materials.
- Each participant should have the European Health Insurance Card or private insurance during the stay in Romania.
- All national groups will stay in contact with the sending NGO who's role is properly prepare the participants for this youth exchange.
- The activities during the exchange will be carried out using specific non-formal, interactive and participatory learning methodologies (individual reflective, group reflective, individual work and working groups, simulation games, visits, presentations, team work, cultural evenings).
- If any participant have any special diet that affects your health or have a different alimentary option, must communicate in the personal application before coming to Romania

FACTS

www



MORE FACTS

Each national group should travel together with the group leader.

It is recommended to have with you: flip-flops, clothing suitable for the weather, hygienic products, own medicines etc.

The official email address for the project is office@asociatiaproroma.ro



A Facebook and WhatsApp group will also be created to facilitate the communication, once all the participants are selected

Underaged participants need the approval from parents to participate (a specific form will be given to them to sign).

February is typical cold, winter season in Romania. Might be sunny, foggy, rainy and/or snowy, approx - 5/+5 degrees is expected. Please update yourself before departure.

THE ORGANIZERS

The PRO ROMA Association promotes quality education models that develop life skills among Roma people a sustainable development strategy, a society with a strong spirit of initiative, a special civic consciousness, and a true spirit of responsibility social.

The PRO ROMA Association team is made up of different people, brought together by the following shared values: initiative, communication, philanthropic spirit, partnership development, equal opportunities, responsibility, integrated programs.

The PRO ROMA Association has as main areas of interest the reduction of the educational gap between the Roma population and the non-Roma population, the improvement of the socio-economic situation of these communities, the promotion of the culture, the promotion of young Roma talents as a way of changing the image of the Roma.

For their realization, the association proposes the activities of: promoting young talents among ethnic Roma; training; community mediation; counseling, mediation and professional guidance; cultural activities.

The PRO ROMA Association is a non-governmental organization in response to the urgent need for social inclusion of the Roma community.



HOW TO APPLY?

Complete the E-application form



<https://forms.gle/gbc8CnhKiR8wp5Rr8>

WELCOME

